

RS Eastern Championships

5th – 6th May 2018

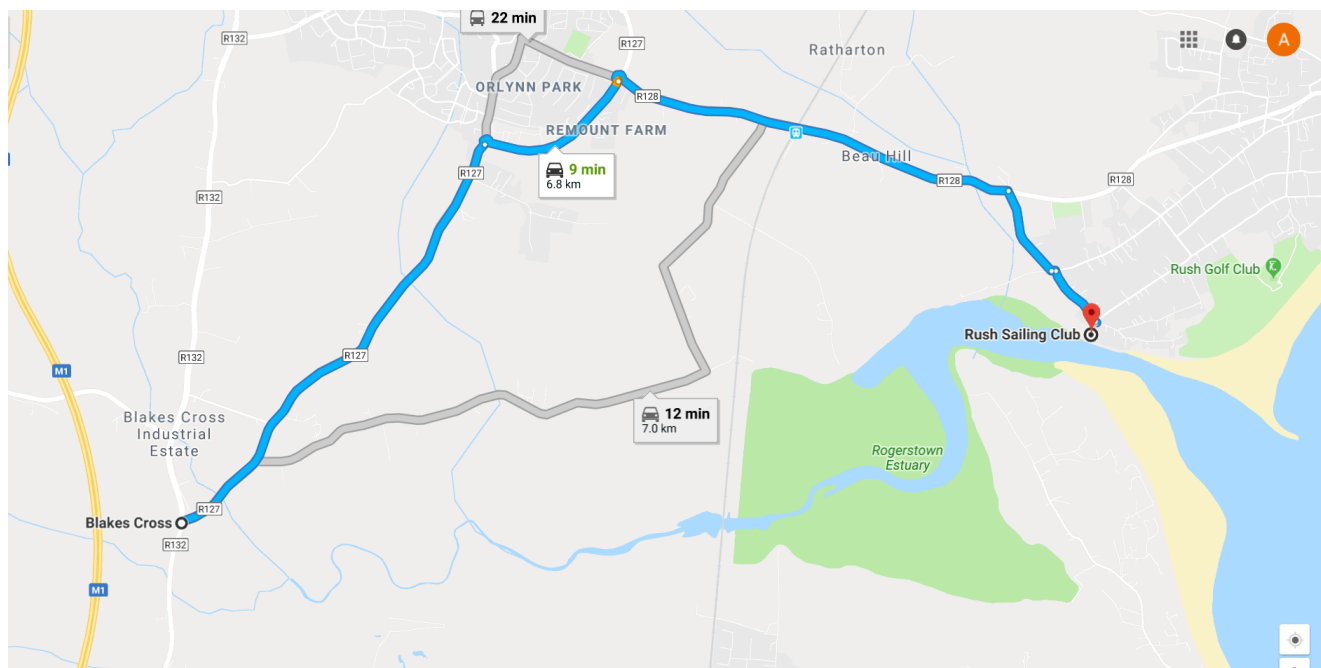
Introduction:

Firstly, a very warm welcome to **Rush Sailing Club** and the **RS Eastern Championships 2018** for **RS200 & RS400 Classes**.

This welcome note is intended to give you practical information and guidance about the event, including directions, meet and greet arrangements, parking, timings, accommodation options, race office/registration, event food and drink, evening entertainment, tides, launching and information about boat storage. Please do read through it so that you are armed with all relevant information. Topics include:

- Directions
- Arrival and Parking
- Accommodation
- Camping
- Launching
- Safety
- Registration
- Protests
- Food & Social Programme

Directions to the Club:



Approaching south bound from the M1 motorway: At junction 4, use the left 2 lanes to take the R132 exit towards Rush/Skerries/Donabate. Keep right at the fork. Use any lane to turn right toward R132. At the roundabout take the 1st exit and stay on R132. At the next roundabout take the 2nd exit and stay on R132. At the next roundabout take the 1st exit and stay on R132. Turn right at Blakescross onto the R127. At the Dublin road roundabout take the 3rd exit onto Rathmore road R127. At Remount Roundabout, take the 3rd exit onto station road R128. After the railway bridge turn right onto Spout road. Turn left onto Channel road and then immediately right onto South shore road. Continue straight onto Rush sailing club.



Arrival and Parking:

1. On arrival drive into the boat park which is situated outside of the main clubhouse grounds. Unload your boat and park any cars or trailers in the boat park. From here wheel your boat across to the main club and you will be allocated a spot.
2. Club volunteers will be assisting on Saturday morning to take your boat from the drop off point to the dinghy park so once your boat is unhooked please move your car on promptly to free up access for others arriving.
3. Anyone arriving on Friday evening can drop their boat off directly outside the Clubhouse. Please pop in to the Clubhouse to say hello – volunteers will be there if you would like any help or direction about where to leave your boat.

B&B/Hotel Accommodation:

For information about local B&B / hotels please visit our website [\[here\]](#). Local offerings vary from excellent Air BnB guesthouses a stones-throw from the Clubhouse to cottages at the Lighthouse with a stunning view over the bay, to Holiday Inn and similar budget hotels in nearby Carrickfergus.

For those staying in Carrickfergus a regular train service runs from Whitehead train station situated 100 metres from the Clubhouse which you may wish to avail of after the social programme finishes on Saturday night.

Taxis are also available at approximately £8.50 each way to Carrickfergus:

Mahoods Taxis - 028 9336 2727

Whitehead Taxis - 028 9335 3302

Camping/Caravan:

Next to the Clubhouse there is a large grassy area for anyone camping. Camper-vans/caravans may park right outside the Clubhouse along the wall with power. You will also have access to the Clubhouse during the event.



Launching:

You will be assisted in the launching and recovery of your Boat at the Club slipway on the race days.

Please follow the directions you are given by the Beach Master and his support team as they have planned the most efficient method to launch and recover boats on our slipways.

Dinghies can be launched and recovered in all tidal states, although recovery takes considerably less energy when the tide is in. Tide times for the event are favourable in this regard, with high tides on Saturday at 4.30pm and Sunday at 5.30pm.

Tags & Safety Tally System:

At registration all visiting dinghies will be given a trolley number along with tags to be attached to their trolley and boat. Please attach this tag as soon as possible as this will assist recovery each day. You should also mark your road trailer so that it does not get mixed up with others'.

The Safety tally system will align with these numbers assigned to you. Please adhere to this system and the volunteers providing the administration. The Safety Tally board is made up of numbered wrist bands and additional coloured medical bands will be allocated as appropriate. In the ground floor Training Room there will be a sheet for a check-out / check-in system.

Local knowledge:

In addition to any other condition-specific safety warnings, the briefing session will include awareness of two submerged / semi-submerged hazards:-

- 1) There is a large sand bar that must be crossed to reach the sailing area so please bide by the channel markers.

Race Office and Registration:

A temporary Race Office will be situated in the Clubhouse on the evening of Friday 4th May from 19:00-20:30, and the morning of Saturday 09:00 – 11:00. The official Race Office is situated on the second floor of Rush SC directly opposite the stairs and will be in use at all other times during the Event.



Registration should be completed along with cash/cheques as payment if payment has not been made in advance. All cheques should be made payable to **Rush Sailing Club**.

NB: you must be an association member to participate in the event. We can take payment of fees for this on the day on behalf of the association, but can only accept cash (£) or cheque. It would help immensely with administration if you could do this prior to the event on the association's website.

The Sailing Instructions will be provided at Registration. The NoR is online on the Club website.

Any visiting support RIBs must also be registered with the event team and abide by any instructions given, including being available on the allocated VHF channel.

Protests:

In the event of a protest please read and follow the relevant section of the Sailing Instructions. Protest Forms will be available in the Race Office. A racing rule book will be available in the Race Office for reference, please return this as soon as possible if removed.

Protest schedules will be located on the **Official Race Notice Board** located in the main hallway of the Clubhouse next to the entrance. Note that the onus is on each competitor to check the Notice Board for protests. Please note you will not be contacted personally in the event of a protest.

Security:

Please ensure that you do not leave any valuables in the changing rooms at any or in (or on) your boat unattended. Boats are stored within the hard-standing dinghy park outside the Clubhouse throughout the year without incident.

Food & Social Program:

Mornings: complimentary coffee, tea and scones will be provided on Saturday and Sunday morning (an RNLI box will be available for any donations).

Lunch: will not be provided to competitors, but soup & rolls are included in the entry fee and will be provided immediately after racing each day. Packed lunches will be provided for Committee Boat, Mark Boat and Safety Boat crews.

Saturday evening: a meal with a complimentary glass of wine is available £8/10Eur (£16/20Eur per boat). This will be served at approx. 6:30 pm with live musical entertainment and a late license. You can get tickets for this at registration or in advance online. **PLEASE LET THE EVENT ORGANISERS KNOW IF YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS IN ADVANCE**

The Club bar: will be open (sterling cash only please) from 4pm on Saturday and 3pm Sunday with hot, soft and alcoholic refreshments and bar snacks available for purchase. Whitehead has several cashpoints should you need cash, including at the Solo garage on the main road into Whitehead, outside the 'Old Bankhouse' and at the Spar (both in the centre of the town a short walk from the Clubhouse).

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Leaving CAYC:

Prize Giving will be at approx. 4:00 pm on Sunday as soon as possible after racing has been completed and all results finalised.

As with arrival, two-way traffic to the hard-standing outside the Clubhouse is virtually impossible and there is very little turning space. Please therefore follow the arrival instructions in reverse. Where assistance is required Club volunteers will be available. Please only bring your car to collect your boat after it has been prepared for immediate departure.

County Antrim Yacht Club would like to thank you all for coming. We hope you have a very enjoyable event.

Kind regards

Event Committee

County Antrim Yacht Club

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